Jason is a 14 year old European American boy living in Worthington, Minnesota. He attends Worthington Area Junior High School on an infrequent basis as a ninth grader. He has a criminal history of the following: 1) minor consumption, 2) shoplifting from Wal-Mart (under \$100), and 3) disorderly conduct. While he has had petty and status offenses in the past, he has now been assigned to probation.

Jason lives at home with his 2 parents and a younger brother. Jason doesn't like to be at home because his parents fight all the time about income and when their not fighting they are usually drinking, going out, or watching television. He doesn't have a strong connection with either one of them. Unfortunately, he doesn't have a lot of friends at school either that he can hang out with after school, so he spends most of the weekend in his room with the door shut listening to music and sleeping. His mother has been commenting on how much weight he's gained since he stopped going to hockey practice; he had to quit 3 months ago because his family couldn't pay for the participation fees. He doesn't have a girlfriend and never has. He sits in the back row of classes and doesn't talk to anyone. He doesn't feel like he's good at school and really thought he had a future with hockey. But now he doesn't feel like he has a future at all.

If he's not being teased because he's no longer a hockey player, he's being ignored. The guys he used to hang out with him now call him a loser and don't talk to him. This is why he avoids school; it hurts too much to be ignored and he doesn't know where to sit at lunch. He got into a fight at school because some kids were talking trash about him and he hit a locker so hard it dented it. None of the other boys got into trouble, just him.

He thinks that he was a good friend but now he doesn't know because no one pays attention to him. He can't pay attention in school and he wants to cry most of the time. His parents don't seem to notice and he doesn't think that they care. His younger brother is on the basketball team for the 7<sup>th</sup> graders and he still gets to play cause the fees are so much cheaper. His parents go to all of his games. He's been shoplifting and stealing his parents beer because he didn't think that anyone would notice and he was hoping that maybe that would make him feel better. He just wants to spend the day in bed. He tries to tell the adults around him how awful he feels but no one seems to want to know and no one asks.

He doesn't know how he got into such trouble. He feels overwhelmed and sad. He's also really angry at the world and his parents. He used to be doing so much better before his mom lost her job and the world turned on him.



### Problem-Oriented Screening Instrument for Teenagers

This information is available in other forms to people with disabilities by contacting us at (651) 297-5242 (voice) . TTY/TDD users can call the Minnesota Relay at 711 or (800) 627-3529. For the Speech-to-Speech Relay, call (877) 627-3848.

#### **INSTRUCTIONS**

The purpose of these questions is to help us choose the best ways to help you. So, please try to answer the questions honestly.

Please answer all of the questions. If a question does not fit you exactly, pick the answer that is mostly true.

You may see the same or similar questions more than once. Please just answer each question as it comes up. Please put an "X" through your answer.

If you do not understand a word, please ask for help. You may begin.

NAME	1/2500		
SEX:	MALE FEMALE BIRTH DATE:/ HISPANIC HERITAGE: Y N		
RACE:	ASIAN BLACK OR AFRICAN AMERICAN WHITE AMERICAN INDIAN OR ALASKAN	I NATIVE	
1.	Do you have so much energy you don't know what to do with it?	Yes	(No
2.	Are you good at talking your way out of trouble?	Yes	No
3.	Have you recently either lost or gained more than 10 pounds?	(Ye)	No
4.	Do you often feel tired?	Yes	No
5,	Are you a good speller?	Yes	
6.	Have you ever read a book cover to cover for your own enjoyment?	Yes	No
7.	Do you get frustrated easily:		No.
8.	Do you get into trouble because you use drugs or alcohol at school?	Yes	No
9.	Have you had trouble with stomach pain or nausea?	(Pe)	No
10.	Do you have a hot temper?	Yes	) No
11.	Do your parents or guardians pay attention when you talk with them?	Yes	(No)
12.	Have you ever had sex with someone who shot up drugs?	Yes	No
13.	Do you get easily frightened?	Yes	No )
14.	Do your parents or guardians argue a lot?	Yes	No
15.	Do you have less energy than you think you should?	(Fes.)	No.
16.	Do you miss out on activities because you spend too much money on drugs or alcohol?	Yes	No

17. Do you threaten to huit people?	Yeş	$(N_0)$
18. Do you feel alone most of the time?	Yes	No
19. Dô'you sleep either 100 much or too liitle?	(Yes)	No.
20. Do you swear or use dirty language?	Yes	No
21. Are you a good listener?	$(Y_{es})$	No
22. Have you had any accidents or injuries that still bother you?	Yes	(No)
23. Have you accidentally hurr yourself or someone else while high on alcohol or drugs?	Yes Species	
24. Do you rush into things without thinking about what could happen?	Yes	No
25. Have you lied to anyone in the past week?	(Yes)	No
26. Do your parents or guardians refuse to talk with you when they are mad at you?	Yes	No
27. Are you a good reader. 124 184	Yes	
28. Do you feel nervous most of the time?	Yes	(No)
29.Do people pick on you because of the way you look?	$\sqrt{2}$	No.
30. Have you stolen things?	Yes	No
31. Do you ever feel you are addicted to alcohol or drugs?	Yes	- (No)
32. Do your parents or guardians and you do lots of things together?	Yes	(No)
33. Do you get into fights a lot?		No T
34. Do you get A's and B's in some classes and fail others?	Yes	No
35. Have the whites of your eyes ever turned yellow?	Yes	$(N_0)$
36. Do you feel people are against you?	Yes	No
37. Is it easy to learn new things?	Yes	N <sub>0</sub>
38. Do your parents or guardians usually know where you are and what you are doing?	Yes	(No)
39.:Have-you ever been told you are hyperactive?	Yés i	$(N_0)$
40. Are you stubborn?	Yes	No
41. Do you have trouble with your breathing or with coughing?	Yes	
42. Do you have a constant desire for alcohol or drugs?	Yes	No
43. Do your parents or guardians have rules about what you can and cannot do?	Yes	$\binom{N_0}{N_0}$

Problem-Oriented Screening Instrument for Teenagers – Page 3

44. Do you often act on the spur of the moment?	Yes	No
45. Have you ever threatened anyone with a weapon?	Yes	$(N_0)$
46. Do you hear things no else around you hears?	Yes	(No)
47. Have you started using more and more drugs of alcohol to the start want?	Yes	No
48. Do people tell you that you are careless?	Yes	(No)
49. Do you have trouble concentrating?	· (Yes )	- No
50. Do your parents or guardians know what you really think or feel?	Yes	No
51. Do you ever leave a party because there is no alcohol or drugs?	Yes	- (No)
52. Are you suspicious of other people?	Yes	No
53. Do you have trouble getting your mind off things?	Yes 2	No
54. Have you ever had a car accident while high on alcohol or drugs?	Yes	(No)
\$5. Do your parents or guardians like ralking with you and being with you?	Yes	No D
56. Have you ever intentionally damaged someone else's property?	Yes	$N_0$
57. Do you forget things you did while drinking or using drugs?	Vos 😙	
58. Does your mind wander a lot?	Yes	No
59. Do you and your parents or guardians have frequent arguments which involve yelling and screaming?		No .
60. Do you worry a lot?	Yes	(No)
61. Have you ever spent the night away from home when your parents didn't know where you were?		No Ref
62. During the past month, have you driven a car while you were drunk or high?	Yes	No
63. Do you have a good inemoty?	Yes	
64. Do your parents or guardians have a pretty good idea of your interests?	Yes	No
65; Are you londer than other kids?	Yes	$N_0$
66. Does alcohol or drug use cause your moods to change quickly like from happy to sad or vice versa?	Yes	$(N_0)$
67. Have you cut school at least five days in the past year?	(Yes)	No
68. Do you have trouble with written work?	Yes	No
69. Do you feel sad most of the time?	(Yes)	No

#### Problem-Oriented Screening Instrument for Teenagers - Page 4

70. Do you miss school or arrive late for school because your alcohol or drug use?	of	No)
71. Do you tease others a lot?	Yes	(No)
-72r Do you have trouble sigeping?	en de la	(No)
73. Do you have a hard time following directions?	Yes	No
74. Do your family or friends ever tell you that you shon your drinking or drug use?	nould/out down	No.
75. Do you have trouble with math?	Yes	) No
76: During the past month; have you skipped school?	Transfer of the Color	No.
77. Do you feel you lose control and get into fights?	Yes	No
78. Do you have serious arguments with friends of far because of your drinking or drug use?	nily members. Yes	No No
79. Do you ever feel you can't control your alcohol or	drug use? Yes	No
80. Do you have a hard time planning and organizing	Yes	No.
81. Are you afraid to be around people?	Yes	No
82. Döes schööl sömetimes make you feel stupid?	Yes	D No
83. Does your alcohol or drug use ever make you do s not normally do - like breaking rules, missing curl or having sex with someone?	something you would Yes few, breaking the law	No No
84. Do your parents or guardians, usually agree about	how to handle you?	(No)
85. Do you often feel like you want to cry?	Yes	No
86. Dowou feel you study longer than your classmares poorer grades?	s'and still get Yes. Yes	$\left(N_{0}\right)$
87. Have you ever had sexual intercourse without using	ng a condom? Yes	No
88. Are you restless and can't sit still?	Yes	No.
89. Do you brag?	Yes	No
90. Is school hard for you?	Yes	2 ×
91. Do you have trouble getting along with any of you of your alcohol or drug use?	ur friends because Yes	No
92. Doyou scream a lot?	Yes	
93. Do you have trouble finding the right words to exare thinking?	spress what you Yes	No

# **POSIT Scoring Sheet**

IN CASO

AGE M \_\_ SEX M DATE POSIT ADMINISTERED 8 / 30 / 10 POSIT SCORED BY

## Scoring the POSIT

**Template:** Circles on the template indicate "at-risk" responses; the capital letters indicate the corresponding functional areas. (A-Substance Use/Abuse, B-Physical Health, C-Mental Health, D-Family Relationships, E-Educational Status, F-Aggressive Behavior/Delinquency)

Scoring Responses: Each risk response counts as one point for the corresponding functional area. Score all pages of the POSIT. The six rows of the scoring sheet correspond to the six functional areas. Starting with one, tally the number of points in each functional area. If an item is blank, score it as one point and make note of it in the

comment's section.

**Risk Level:** Calculate the total points for each functional area. Functional areas scored as Low Risk, indicate no assessment is needed. When only one functional area scores as Middle Risk, further assessment **may** be indicated. When two or more functional areas score as Middle Risk or **any** functional area scores in High Risk, it suggests a problem and further assessment **is** indicated.

Low Risk	Middle Risk	High Risk
	A. Substance Use/Abuse (17 Items)    X   X   4   5   6   6   6   6   6   6   6   6   6	7 8 9 10 11 12 13 14 15 16 17
	B. Physical Health (10 Items)	
1	$\searrow$	<del>√</del> <del>√</del> 6 7 8 9 10
	C. Mental Health (22 Items)	
X	<u> </u>	X X X X 15 16 17 18 19 20 21 22
	D. Family Relationships (11 Items)	
X	X X	グ メ メ ス ス よ 、
	E. Educational Status (26 Items)	
XXXXXX	X X X X X X	Y2 Y6 Y4 Y3 14 18 19 20 21 22 23 24 25 26
	F. Aggressive Behavior/Delinquency (16 Items)	•
×	<b>グ</b>	10 11 12 13 14 15 16
Comments		

To use this template, it must be printed on transparent film.  Before scoring, make sure all questions have been answered. If not, give youth an opportunity to respond. If youth refuses, leave the item blank.  Place template over the first page of the POSIT so that the first column of the template covers the response options (Yes - No).  Score down the first column of the template by tallying points on the appropriate line on the score sheet. Use the second column of the template to score the second page, the third column for the third page, and the fourth column for the fourth page.  Page 2  Fage 3  C, E  A  C  F  A  C, E  A  C  E  A  C  F  A  C  E  A  C  E  A  C  C  E  A  C  C  E  A  C  C  E  A  C  C  E  A  C  C  E  A  C  C  E  A  C  C  A  C  C  E  A  C  C  E  A  C  C  A  C  C  E  A  C  C  C  E  A  C  C  C  E  A  C  C  C  E  A  C  C  C  E  A  C  C  C  E  A  C  C  C  A  C  C  C  E  A  C  C  C  E  A  C  C  A  C  C  A  C  C  A  C  C  A  C  C
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